



2019 Retreat

13th – 16th August, 2019

The Retreat

The MSR Retreat is a unique opportunity for reflection, learning, and community building, specifically designed for MSR members and guests. The MSR Retreat is co-created and pluralistic. The intention is to explore practices from a variety of sacred, spiritual and psychological traditions based on the interests of participants.

We will draw on the principles and process of Appreciative Inquiry (Cooperrider & Whitney, 2008) and Open Space Technology (Owen, 2008) to construct much of our time together. We invite retreat participants to contribute to the program. In the past this has generally been 30-120 minutes in which a participant shares something of their teaching and/or sacred-tradition practice(s) (i.e. yoga, meditation process, classroom activity, discussion-facilitation, singing etc.).

Dates:

Aug 13th – 16th 2019
Beginning 6:30pm Tuesday.
Concluding 1:00pm on Friday

Where:

Walker Center
171 Grove Street
Auburndale, MA 02466

Cost:

\$345 USD per person (double occupancy)
\$495 USD per person (single occupancy)
Includes program fees, accommodation, and meals. Does NOT include transportation to the venue.

Cancellations:

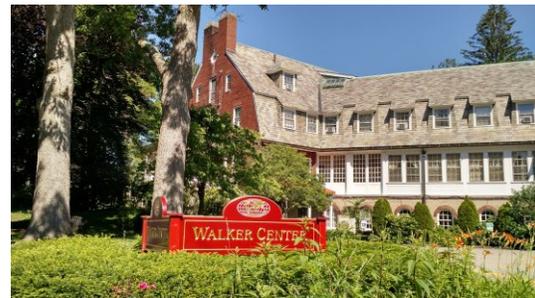
Cancellations received before 1 June 2019 will receive a refund less a small administrative fee of \$15. Because we need to commit to the venue, cancellations after this date will receive a refund ONLY if a replacement registration can be found.

The Rhythm of Our Time

We will gather at 7:30pm on Tuesday evening after the conclusion of the AOM meeting. Participants be provided information to facilitate self-organizing. shared transport to the venue. The intention is to arrive in time to get checked in and share a light meal (at 6pm) before we gather at 7:30pm to begin the retreat. The daily rhythm will include time for: prayer, worship, meditation, journaling, silence, small and large group sharing, and presentations. Free time is built into the rhythm of our days.

The Venue

The 2019 MSR Retreat will be held at Walker Center – a nonprofit education and retreat center located in Auburndale, MA. The Walker Center's lush and inviting suburban campus is walking distance from the Riverside T Station, and the surrounding village and city offer plenty of local restaurants and shops nearby.



Register Early

Registration **will open in March 2019** on the AOM website:

<http://safe.aom.org/events/registration.aspx?event=MSR2019&expand=true&intent=msr>

Because of the limited space, people will be registered for the Retreat on a "first come, first served" basis. Space is strictly limited to 30 participants.

Questions?

For more information, please contact:

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