



भारतीय प्रबंध संस्थान बेंगलूर
INDIAN INSTITUTE OF MANAGEMENT
BANGALORE

heartfulness
HEARTFULNESS INSTITUTE

International Conference on ELEVATING CONSCIOUSNESS THROUGH MEDITATION FOR GLOBAL HARMONY 1-3 August 2019

CONFERENCE DIRECTORS

Professor Ramnath Narayanswamy (IIM Bangalore)
Dr Elizabeth Denley (Heartfulness Institute, USA)
Sharat Hegde (Heartfulness Institute, India)

CONFERENCE VENUE

Main Auditorium, C Block,
Indian Institute of Management,
Bannerghatta Road,
Bengaluru 560076, India

A man with a beard and long hair tied back, wearing a black blazer over a white shirt, is sitting in a meditative pose with his eyes closed and hands resting on his knees in a mudra. He is in a modern office with large windows in the background showing a city skyline. A laptop on a desk behind him displays a video of a person meditating. A white coffee cup sits on the desk to the left.

Elevate Your **CONSCIOUSNESS:** **MEDITATE** for Global Harmony

We live in a contentious world that is challenged by strife, discord and conflict. There is a compelling need to come together, reconcile differences and establish a state of equanimity so that peace, inclusiveness and harmony prevail.

Perhaps one way of accomplishing this is by elevating the quality of our communication, which binds us together as human beings. Elevating communication can happen only by elevating consciousness. Such elevation makes it possible for us to effect an expansion from the outer to include the inner, from the world of thought to encompass the world of feeling, and from the head to include the heart.

The great Swami Vivekananda once said, "Consciousness is a mere film between two oceans, the subconscious and superconscious." When we meditate properly and regulate our minds, our consciousness evolves. The Heartfulness Guide, Kamlesh Patel, also known as Daaji, says that it is through meditation alone that we move from the complexity of the mind to the simplicity of the heart. When the heart is at peace, the mind is at rest. When the heart is content, the mind gains insight, clarity, and wisdom, which guides our lives with purpose. It is through this process also that we develop Emotional Intelligence and Social Intelligence, described by Daniel Goleman, so highly valued in today's management culture.

Can this be put into practice in our daily lives? Can consciousness be elevated to enable us to live from our higher energies?

Can we expand the world of thought to the world of feeling, from intellectual cerebration to empathy?

Can working professionals and business leaders become forerunners in creating a new world order where the 'love and wisdom of their inner world' inspires 'outer advancement'?

The organizers of this unique conference – the **Indian Institute of Management, Bangalore** and the **Heartfulness Institute** – believe that the answers to all these questions are yes. We have come together to organize an event for all individuals and institutions working in the direction of higher consciousness to prevail within our societies.

INVITING PAPERS FOR THE CONFERENCE

The conference offers a platform to present papers of international quality. We invite papers from scholars and practitioners around the world, highlighting the impact and/or integration of meditative practices within the fields of business, leadership & management, based on empirical or experiential evidence. All reference sources need to be acknowledged.

Papers will be reviewed prior to acceptance, and contributors are requested to address issues raised by the referees.

Only those papers of appropriate quality, and those authored specifically for this conference (not submitted elsewhere for publication) will be considered for inclusion in the volumes. Contributors will be notified of these decisions.

We encourage contributions related to aligning meditative practices with their application in management science and modern-day industry for working professionals, on any of the below tracks that are included in the three days of the conference.

The key tracks include:

01 AUGUST 2019

Meditation: Philosophy,
History, Approaches

02 AUGUST 2019

Meditation: Virtues,
Benefits, Applications

03 AUGUST 2019

Meditation: Practices,
Experiences, Outcomes

IMPORTANT DATES

Abstract submission deadline: **April 10, 2019**

Paper Submission Deadline: **May 15, 2019**

Acceptance Notification: **June 15, 2019**

Selected papers will be published in **three volumes** before or soon after the commencement of the conference. Authors are encouraged to follow the Style Guide recommended by the Academy of Management:

<http://aom.org/Publications/AMJ/Submitting-a-Manuscript.aspx>.

All abstracts being submitted to not exceed 200 words.

Abstracts and paper submissions should be sent to **Dr. Poonam Purohit, Conference Convenor, IIM Bangalore** at: meditation.conference2019@iimb.ac.in

REGISTRATION FOR THE CONFERENCE

We hope for truly international participation in this groundbreaking conference, and as such invite participants from all regions of the globe.

CONFERENCE DELEGATE REGISTRATION FEE

Registration Fee	Delegates from Academic Institutions		Delegates from Industry, Government Institutions	Early Bird Fee Benefit (for registration before June 30, 2019)
	Students	Faculty		
International Participants	USD 100	USD 300	NA	20% concession on registration fee
	Euro 100	Euro 300	NA	
Participants from India	INR 3,000	INR 6000	INR 9000	INR 500 concession on registration fee
			For single day registration fee charged is INR 3000	

**: Taxes shall apply, as applicable

Online registration & fee payment link for **students and academics**:

<https://www.iimb.ac.in/elevating-consciousness-meditation-global-harmony>.

Online registration & fee payment link for delegates from **industry, government institutions**, all others:

<http://www.heartfulnessinstitute.org/iimb-2019>.

A limited number of rooms are available at the conference premises, and will be offered on first-come-first-serve basis, following registration. International and out-station participants are expected to make their own travel arrangements.

For questions & support write to iimb-hfi-conference2019@heartfulness.org.

For any further support, please call Conference Convenors, Dr. Poonam Purohit (IIMB) at +91 99090-17365 or V Srinivasan (Heartfulness Institute) at +91 89390-81000.



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